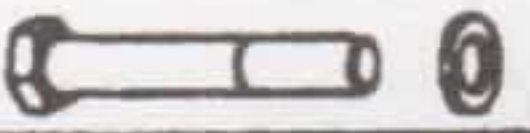
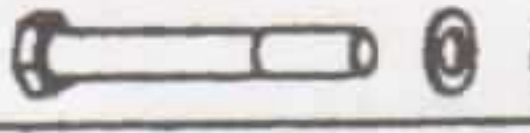

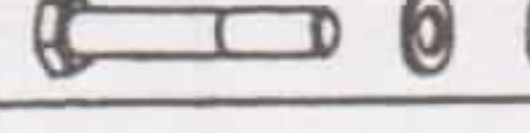
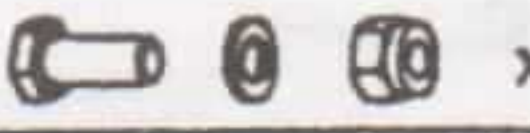
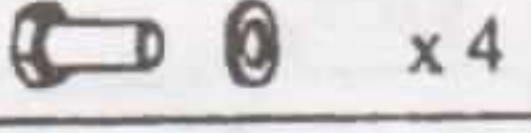
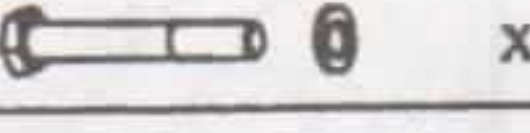
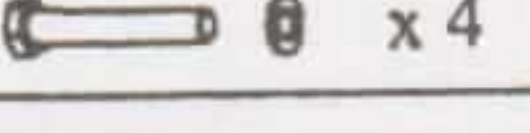
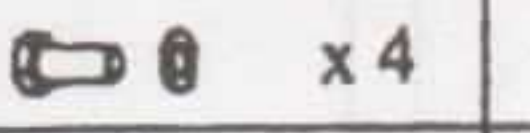
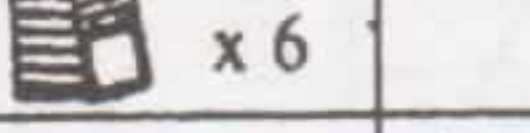
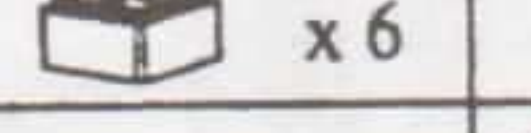
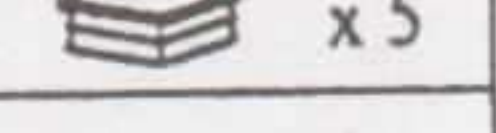
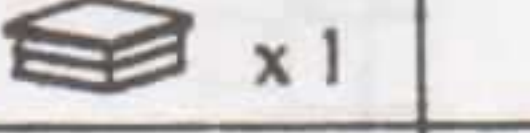
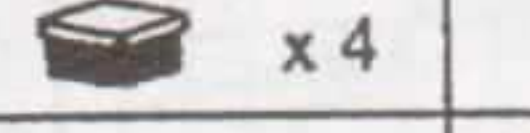
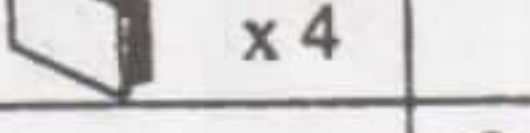
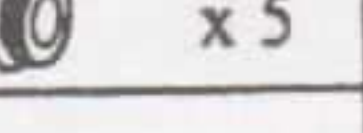
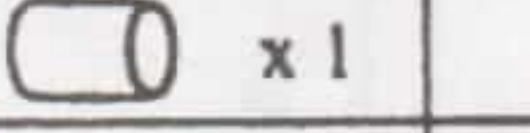
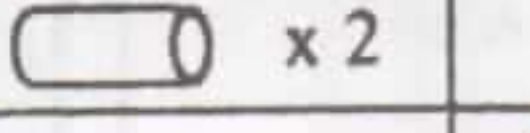
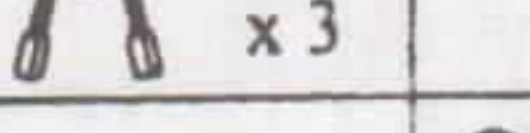
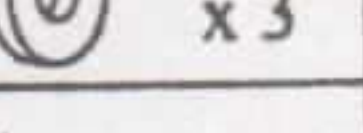
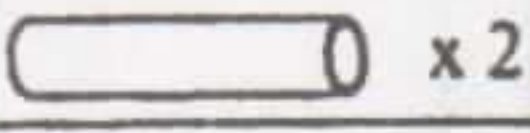
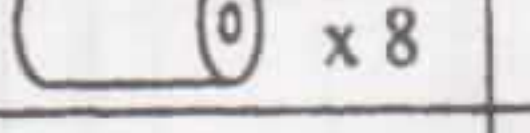
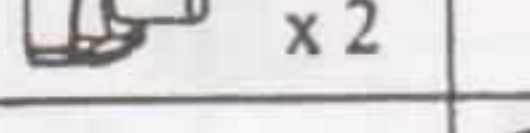
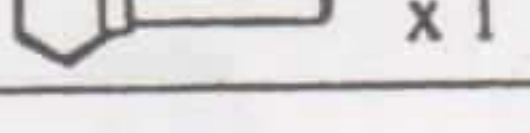
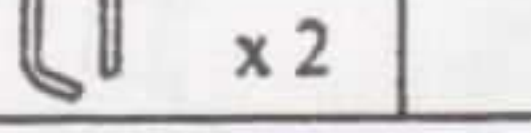
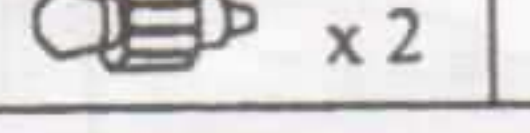
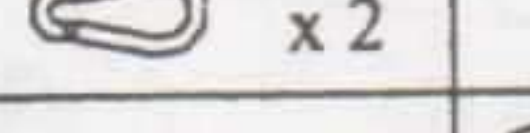
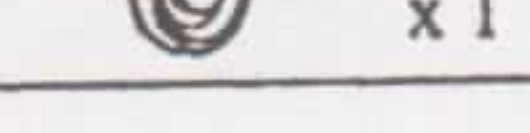
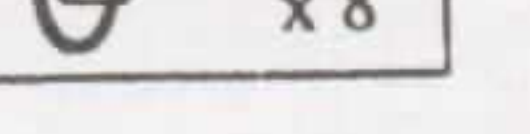
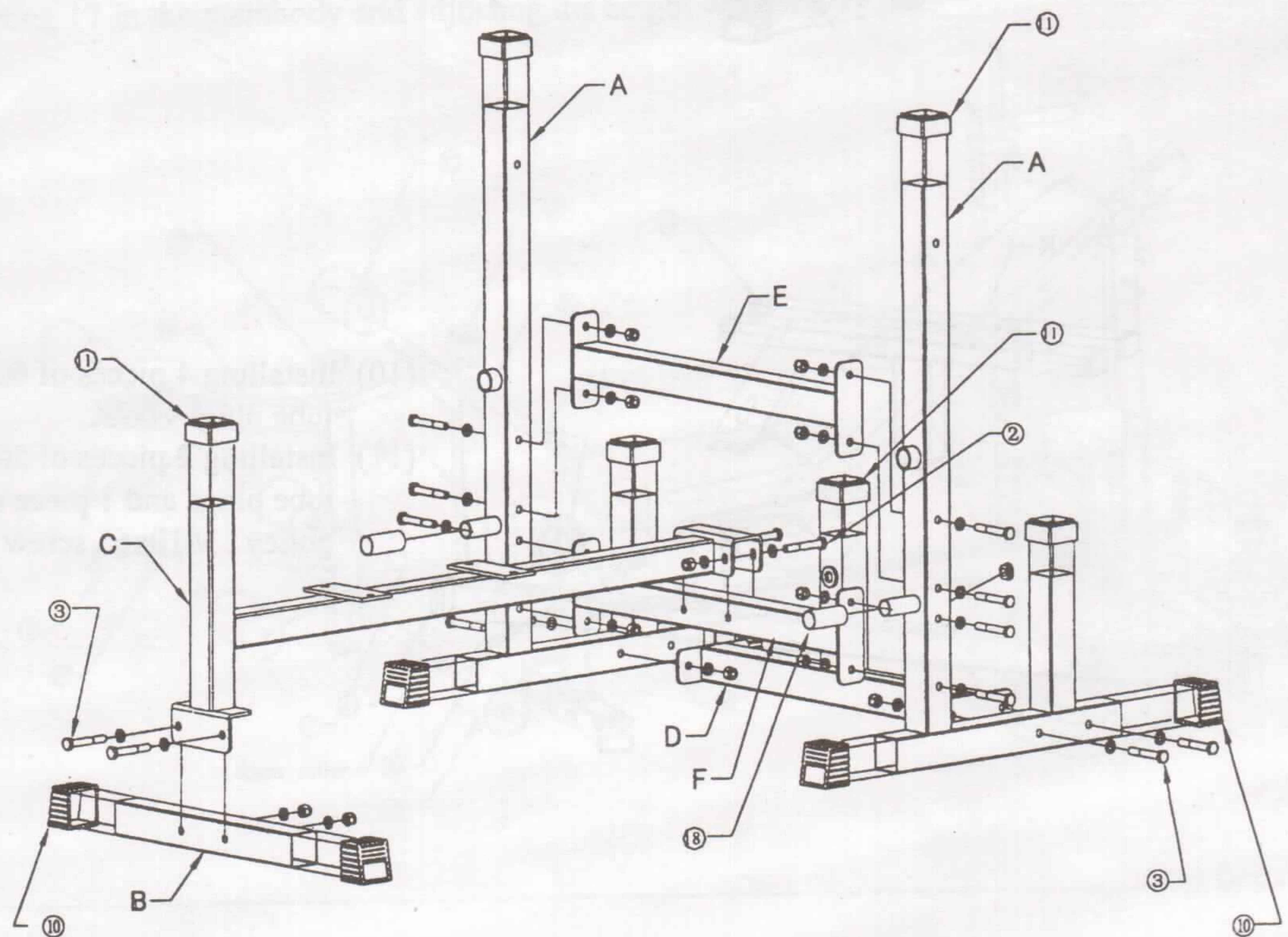


Serial No.:

Installation Instruction

① M12 x 75 bolt, nut, washer  x 1	② M10 x 75 bolt, nut, washer  x 3	③ M10 x 70 bolt, nut, washer  x 14	④ M10 x 65 bolt, nut, washer  x 3
⑤ M10 x 25 bolt, nut, washer  x 4	⑥ M10 x 20 bolt, washer  x 4	⑦ M8 x 65 bolt, washer  x 2	⑧ M8 x 45 bolt, washer  x 4
⑨ M8 x 15 bolt, washer  x 4	⑩ 50 foot cover (OC-50)  x 6	⑪ tube bushing (SCC-50)  x 6	⑫ 50 tube plug (EC-50)  x 5
⑬ 45 tube plug (EC-45)  x 1	⑭ 38 tube plug (EC-38)  x 4	⑮ 60x30 Tube plug (EC-6030)  x 4	⑯ 25 tube plug (ECC-25)  x 5
⑰ rubber cover Ø25 (GC-25)  x 1	⑱ rubber cover Ø25*65 (GC-2565)  x 2	⑲ spring clip (ST-25)  x 3	⑳ Ø25 buffer washer (RC-25)  x 3
㉑ grip handle (HC-25)  x 2	㉒ foam roller (UP-090170C)  x 8	㉓ triangle handle (KB-M10)  x 2	㉔ degree adjusting bolt (RP-1265)  x 1
㉕ lock catch (FP-50)  x 2	㉖ adjusting popper pin (HP-01)  x 2	㉗ gourd buckle (NK-M7)  x 2	㉘ pulley (P-002)  x 1
			㉙ foam plug (PST-25)  x 8

- (1) Installing 2 pieces of 50° foot covers, 50° hollow covers and rubber tubes on A.
- (2) Installing 2 pieces of 50° foot covers on B
- (3) Installing 1 pieces of 50° hollow cover on C and D.
- (4) Installing 14 pieces of M10x70 bolts, nuts, washers and 2 pieces of M10x75 bolts, nuts when fixing A, B, C, D, E, F.

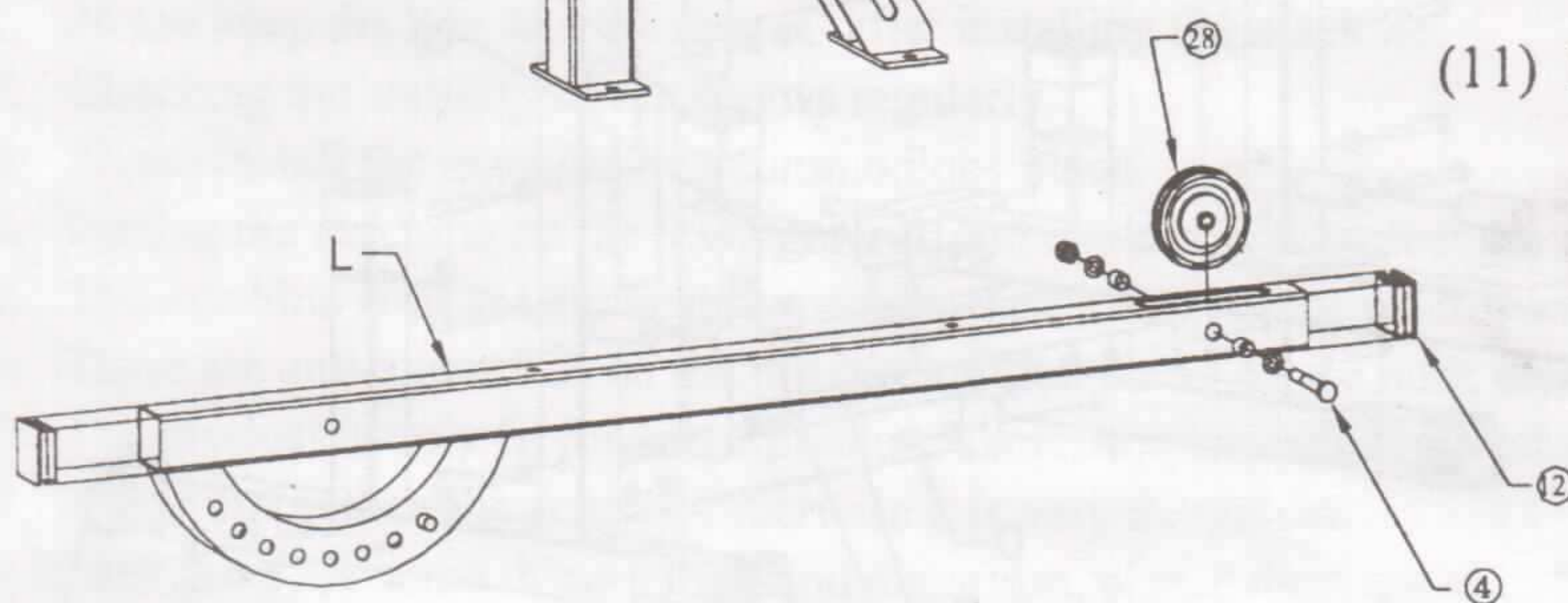
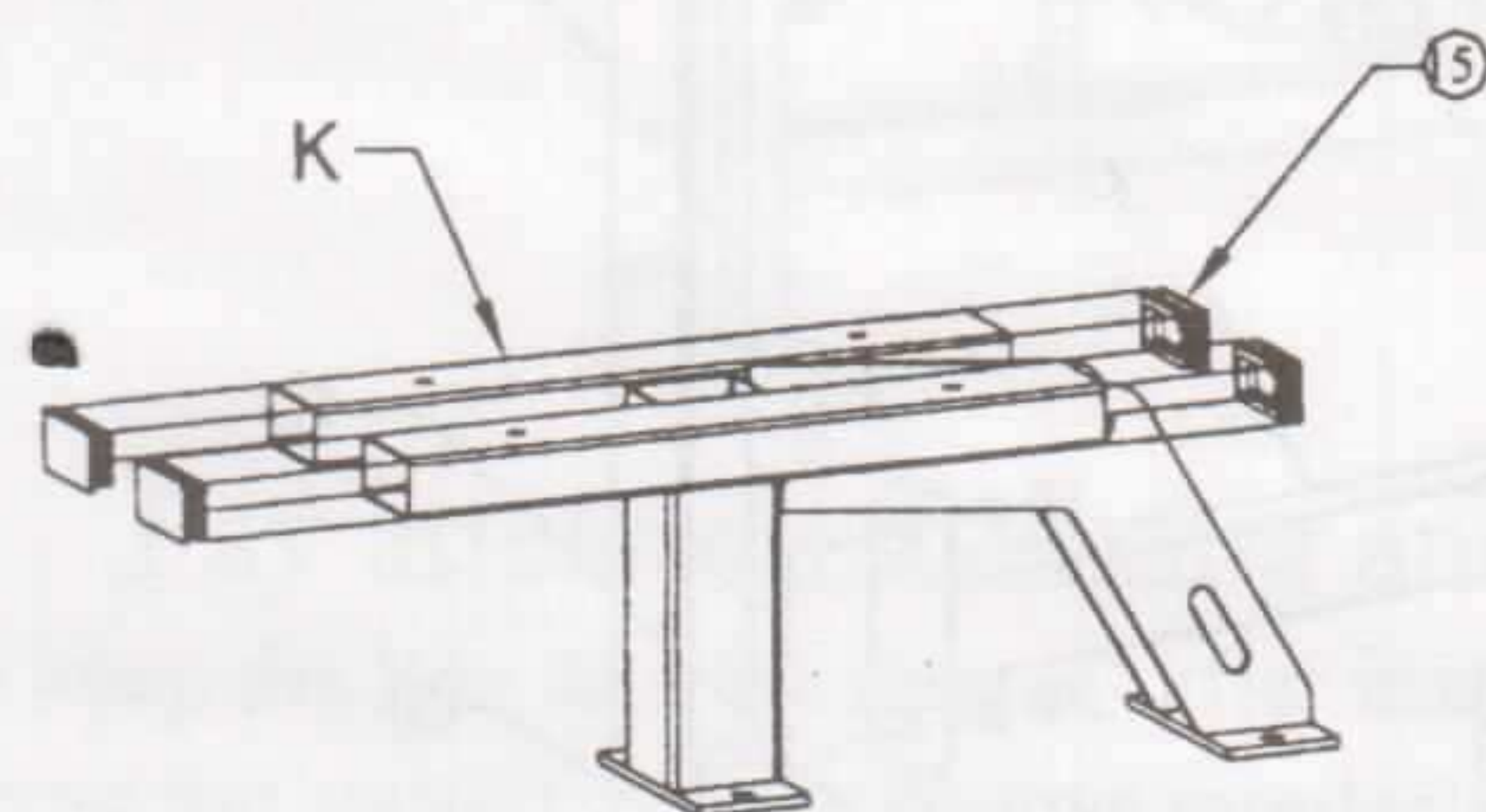
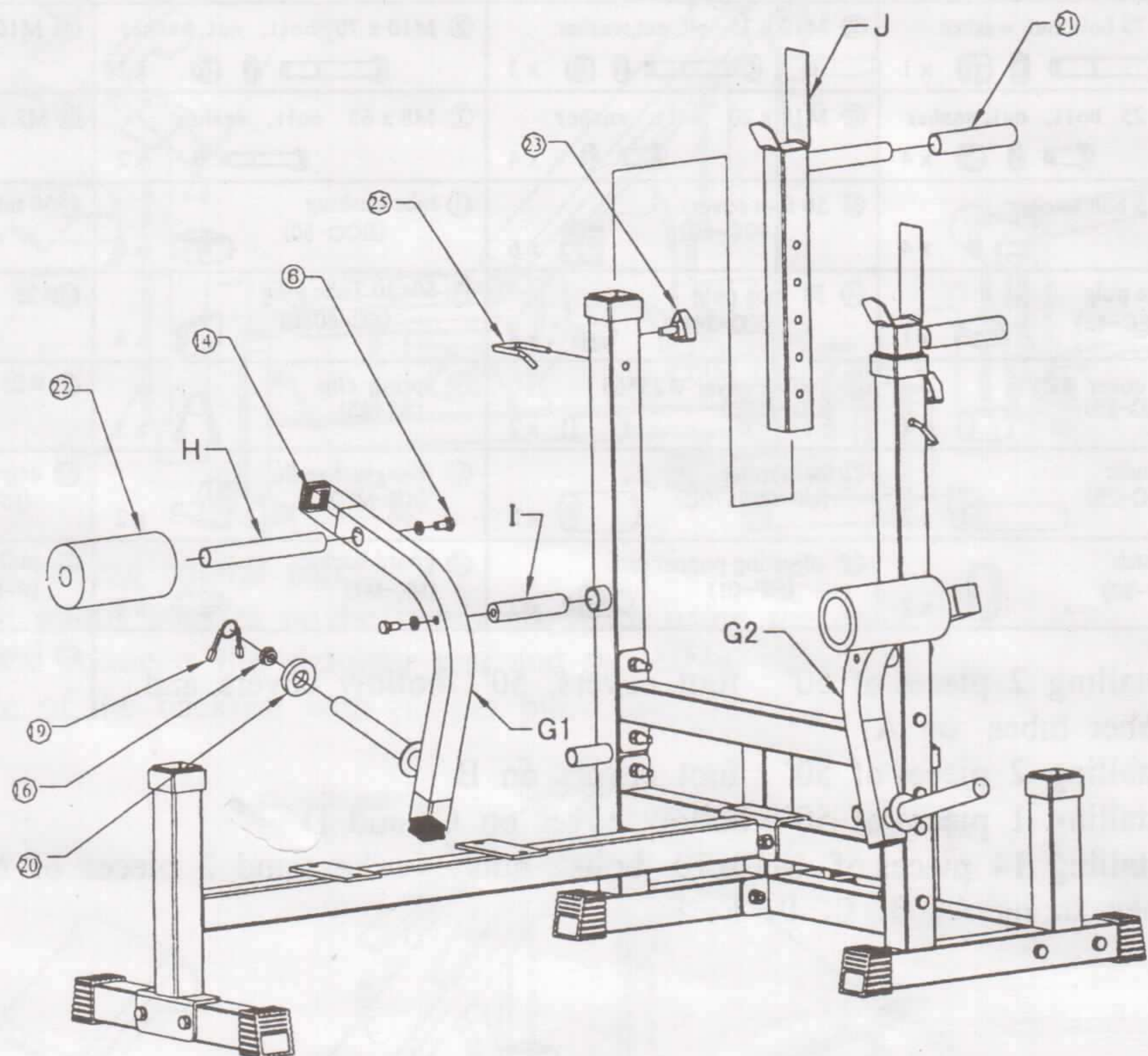


(1)

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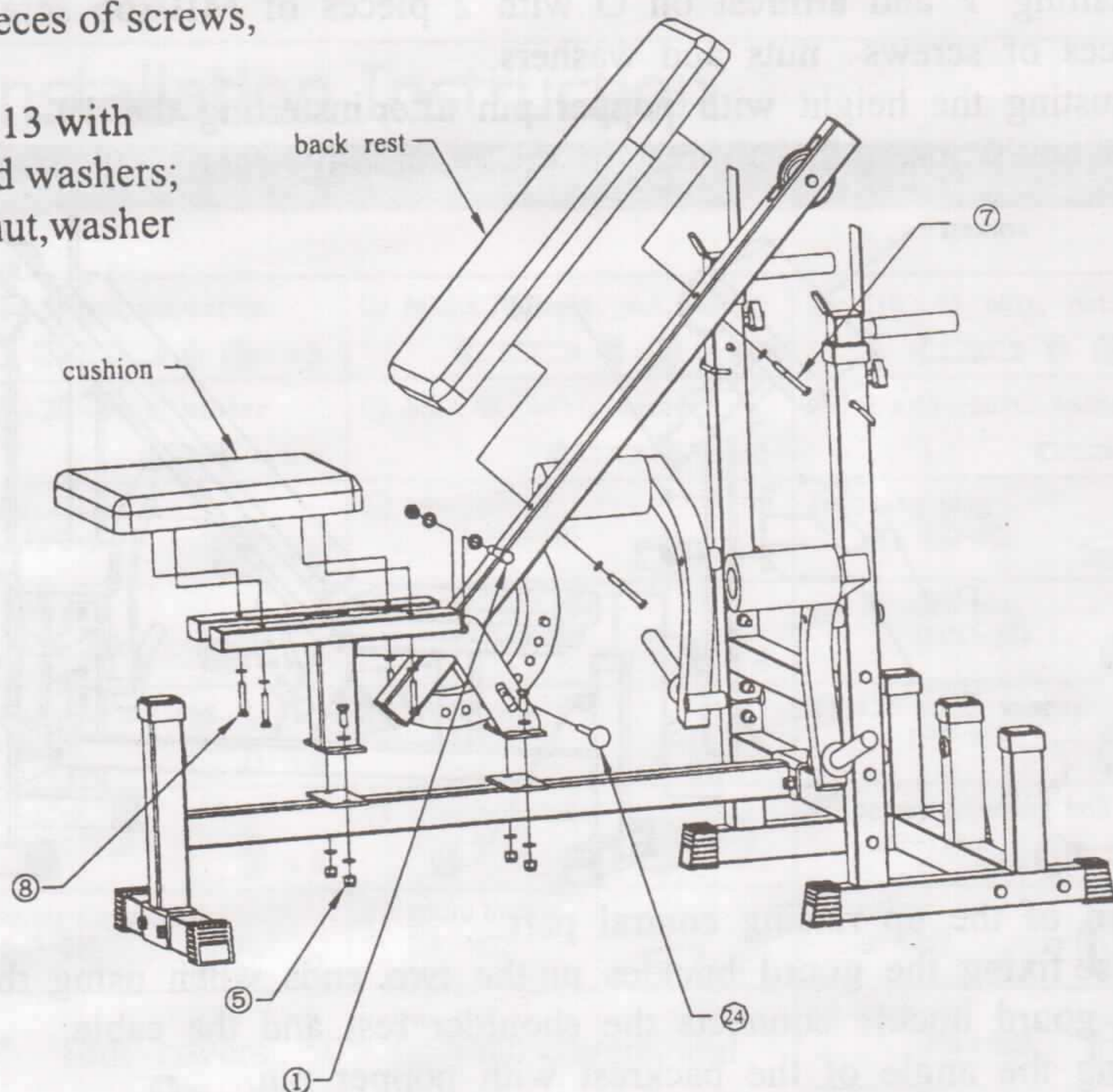
※ There anti-slip rubber damp in the nut .Please tighten it in tool.

- (5) Installing 2 pieces of 38° tube plugs and 1 piece of $\varnothing 25$ tube plug and spring clip on G1,G2.
- (6) Installing H and I on G1 and G2 with 2 pieces of M10x20 bolts and washers.
- (7) Installing $\varnothing 25$ tube plug and 2 pieces of foam rollers on H.
- (8) Installing 2 pieces of grip handle covers on J.
- (9) Installing 7 and 8 on 4 with 1 pieces of lock catch and triangle handle.

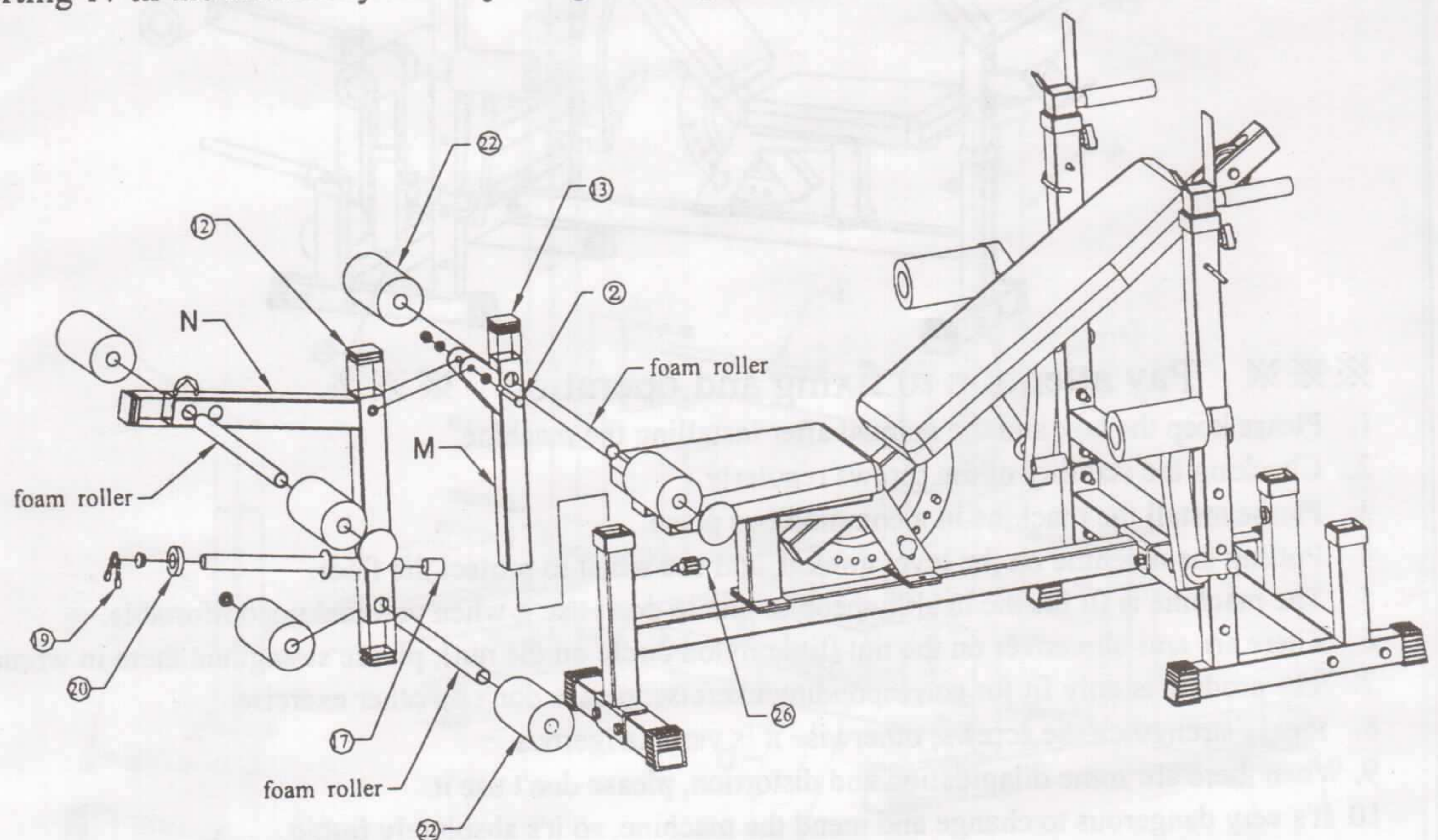


- (10) Installing 4 pieces of 60x30 tube plugs on K.
- (11) Installing 2 pieces of 50x50 tube plugs and 1 piece of pulley, M10x65 screw, nut and washer.

- (12) Installing cushion and 4 pieces of M8x45 screws,nuts and washers on 10.
- (13) Installing backrest and 2 pieces of screws, nuts and washers.
- (14) Installing the mainbody 12,13 with 4 pieces of screws,nuts and washers; 1 piece of M12x75 screw nut,washer and popper pin.



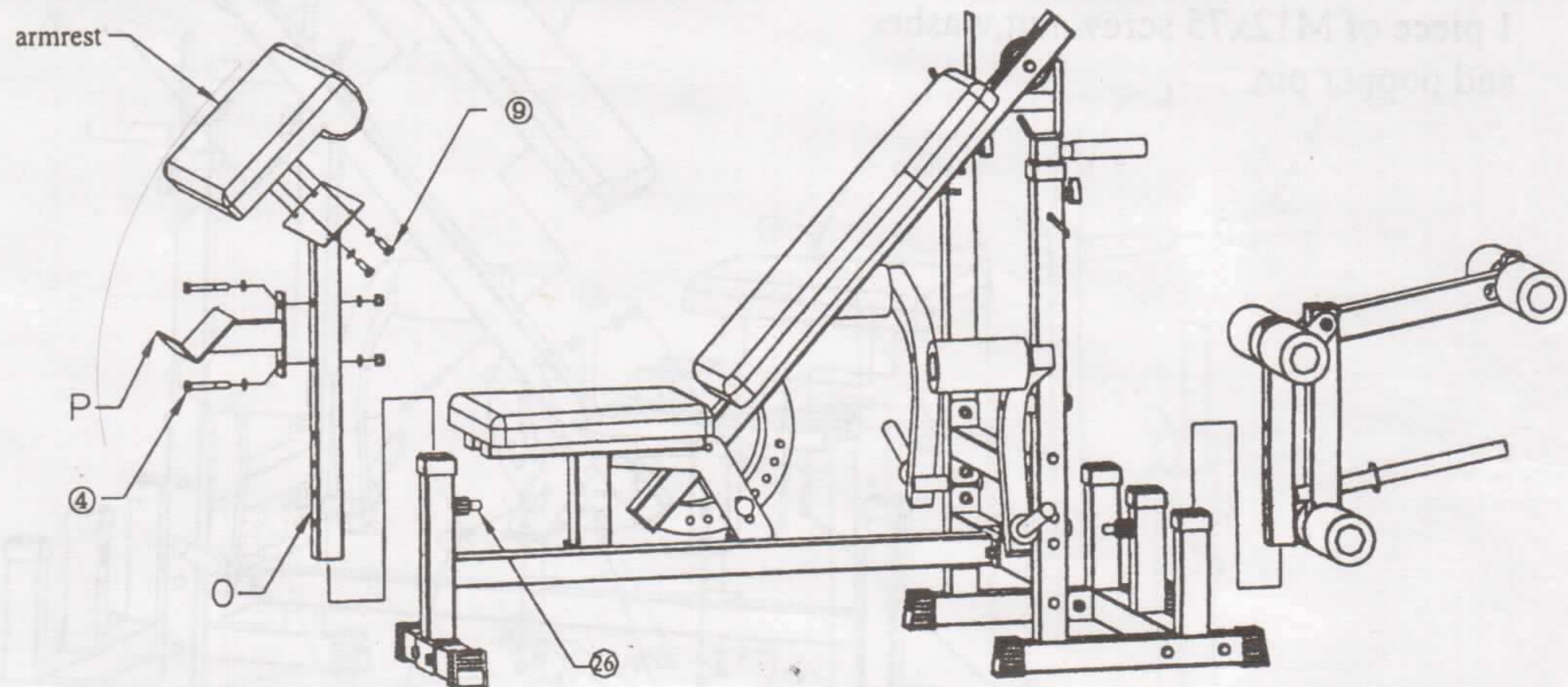
- (15) Inserting $\varnothing 25$ round tube in M and installing 2 pieces of foam rollers and $\varnothing 25$ tube plug and 1 piece of 45x45 tube plug.
- (16) Inserting 2 pieces of $\varnothing 25$ round tube, 4 pieces of foam rollers, 5 pieces of $\varnothing 25$ round tube plugs.
- (17) Installing 15 and 16 with 1 piece of M10x75 screw ,nut and washer.
- (18) Inserting 17 in the mainbody and adjusting the height with popper pin.



※ There anti-slip rubber damp in the nut .Please tighten it in tool.

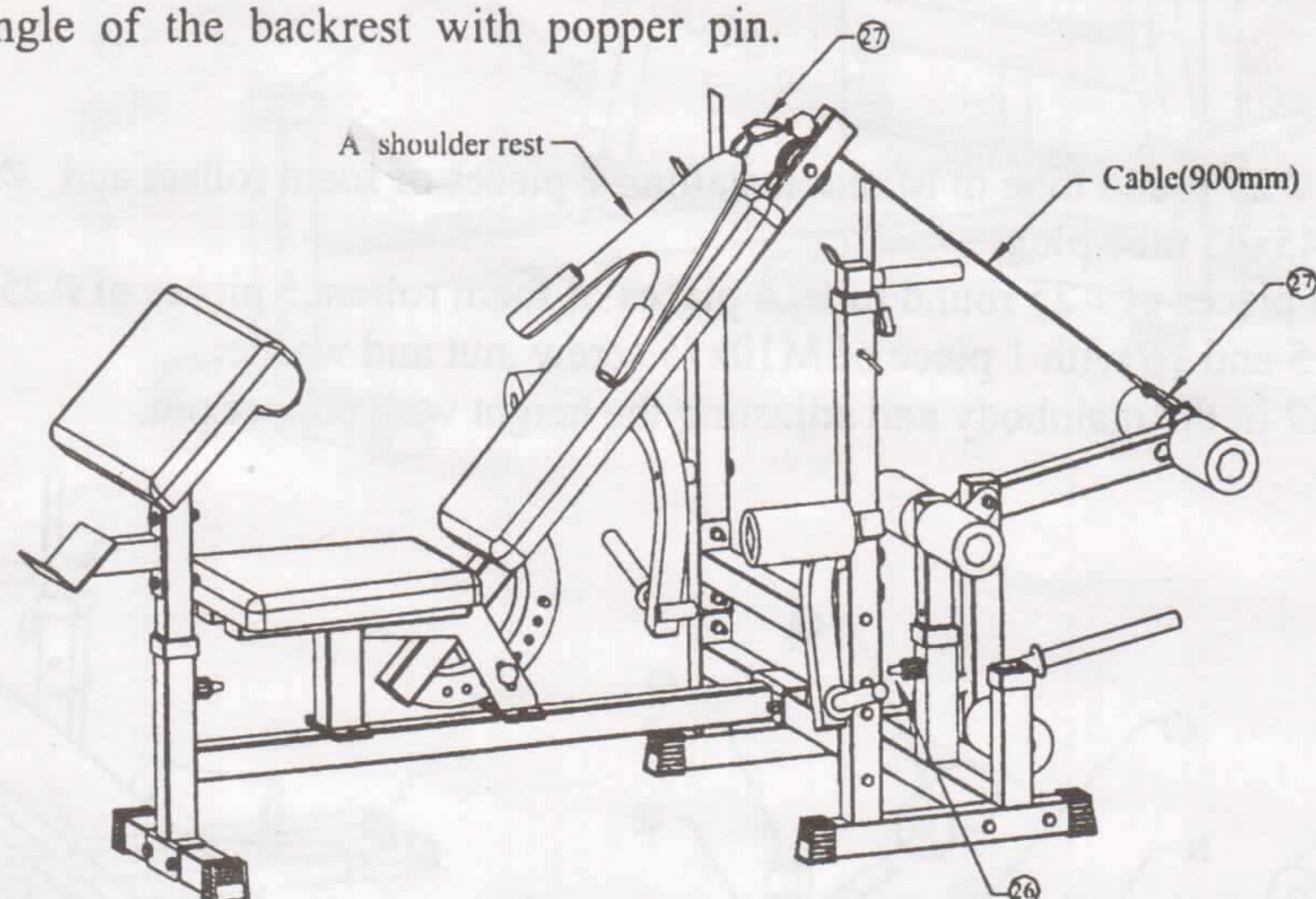
Installation of the armrest

- (19) Installing P and armrest on O with 2 pieces of M10x65 screws, nuts and washers; and 4 pieces of screws, nuts and washers.
- (20) Adjusting the height with popper pin after inserting the 19.
- (21) You could insert the armrest in the mainbody when you are not use the product.



Installation of the up raising contral part

- (22) Please fixing the gourd buckles on the two ends when using the cable.
- (23) The gourd buckle connects the shoulder rest and the cable.
- (24) Fixing the angle of the backrest with popper pin.



※※※ Pay attention to fixing and operation ※※※

1. Please keep the box and the manual after installing the machine.
2. Checking the stability of the screws regularly.
3. Please install the machine in a commodious place.
4. Putting the machine on the level ground, and use a mat to protect the floor.
5. The machine is fit for the healthy people; please don't use it when you feel uncomfortable.
6. There are anti-slip cover on the nut (little nylon circle on the nut); please strengthen them in wrench.
7. The product is only fit for corresponding exercise, please don't do other exercise.
8. Please strengthen the screws; otherwise it is very dangerous.
9. When there are some dilapidation and distortion, please don't use it.
10. It's very dangerous to change and mend the machine, so it's absolutely forbid.
11. Avoiding use and storage the product on the circumstance such as dampness, high temperature and under sun.
12. Please depurate the dirt in neutral scour, using dry rag clean water (don't use gas, dilution and other chemicals).
13. Don't put your hands in the aperture and moving part of the machine when you are doing exercise.
14. Please confime the notice proceedings in order to long-term storage and using again.